


Kids Club

YOUTH ACTIVITIES

STARTS SEPTEMBER 21, 2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00-5:45 Tap & Ballet 3-5 years	BASE** = Basic Athletic Skills Education 5:00-5:45 BASE 9 years & up Jr.BASE 6-8 years	5:00-5:45 BASE 9 years & up Jr.BASE 6-8 years	5:45-7:15 BINGO/Games 5 years & up	5:00-6:00 BINGO/Games 5 years & up	11:00-11:45 Jazz 3-7 years
5:00-6:30 Arts & Crafts 5 years & up	5:00-5:45 Acro Dance 3-6 years	5:00-6:30 Arts & Crafts 5 years & up	5:45-6:30 Jazz Workshop 9 years & up	6:00-7:00 Arts & Crafts 5 years & up	11:45-12:30 Boys & Girls Hip Hop 8 yrs & up
5:45-6:30 Tap & Jazz 6 years & up	5:00-5:45 Intermediate Ballet/Lyrical 9 years & up	5:45-6:30 Fitness Training** 9 years & up	6:30-7:15 Lyrical & Ballet 6-8 years	 REMINDERS... 1. Currently, class sizes are limited to 9 participants and 1 Instructor. 2. Reservations must be made 48 hours in advance for all Kids Club classes (except pre-registered Dance participants) in the binder at the Front Desk or by phone. 3. For pre-registered Dance participants, missing 3 classes will result in loss of your class slot. 4. MASKS must be worn for all of these classes by both participants and Staff. 5. Children MUST wear SNEAKERS for BASE, Jr.BASE, & Jr. Athletics. 6. All children under 13 yrs must be in a class or with an adult 18+ at ALL TIMES. 7. Children under 5 cannot participate in Arts & Crafts at this time. 8. To comply with current regulations, group swim lessons are not included in a Kids Club membership at this time.	12:30-1:15 Lyrical & Jazz 10 yrs & up
5:45-6:30 Jr Athletics** 3-5 years	5:45-6:30 Fitness Training** 9 years & up	5:45-6:30 Jr Athletics** 3-5 years	6:30-7:15 Zumba Jr 3-5 years		7:15-8:00 Zumba 6 years & up
6:30-7:15 Vocal Arts 5 years & up	5:45-6:30 Acro Dance 7 years & up	5:45-6:30 Hip Hop 6-8 years	7:15-8:00 Ladies 18 & up 7:15-7:45 Tap 7:45-9:15 Dance		
6:30-7:15 Jr. BASE** 6-8 years	5:45-6:30 Jr. Athletics** 3-5 years	6:30-7:15 Boys' Hip Hop 6 years & up			
6:30-7:15 BASE/Fitness** 9 years & up	5:45-6:30 Pointe/ Advanced Ballet 10 years & up	7:15-8:00 Hip Hop 9 years & up			
	6:30-7:15 Contemporary Dance 9 years & up	WE ARE SO GLAD TO WELCOME YOU BACK TO OUR KIDS CLUB! PLEASE FEEL FREE TO REACH OUT WITH ANY QUESTIONS OR CONCERNS. YOUR FAMILY'S SAFETY & COMFORT ARE OUR #1 PRIORITY!			
	7:15-8:00 Teen Dance Workshop 13 years & up	Karate ages 5 & up			
	7:30-8:15 *advanced	7:15-7:45 beginner 1	7:15-7:45 beginner 3		
	*advanced = green belt or higher	7:45-8:15 beginner 2	7:45-8:15 **intermediate 2		
		8:15-8:45 **intermediate 1	8:15-8:45 **intermediate 3		

Info:
Danielle
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215-671-9969
ext...141



**intermediate = yellow belt until green belt

KARATE RULES...

At this time, Kids Club members are permitted to attend **1 Karate class per week**. Please choose the day and time that work best with your level and schedule and be sure to register each week.



NORTHEAST RACQUET & FITNESS CENTER