

CLASS DESCRIPTIONS

Art & Crafts – Children learn the fun of being creative while working on a variety of activities involving making things with their own hands. Children under age 5 cannot attend. Projects usually run about 30 minutes then children are moved on to another activity. Supplies will be sanitized between use.

Acro Dance – This class combines classical dance technique with acrobatic elements. Children will learn to incorporate acrobatics into unique dance choreography. (Classes perform in our annual recital.)

Dance – Learn basic dance steps and combinations in many different genres: Tap, Ballet, Jazz, Hip Hop, and Contemporary. (Classes perform in our annual recital.)

Fitness Training – An exercise-inspired class to help introduce adolescents into a healthy, active lifestyle. Activities include stretches/exercises, running/relays, and sports. Sneakers please! Activities will be executed in a safe manner.

Jr. Athletics/Playground Fun – Our young members will play and learn a variety of sports and playground activities. Outdoor playground is only used when weather is clear and 65-84 degrees, during daylight hours, and when equipment is dry. Sneakers please!

Karate – Children learn the art of Japanese Shotokan. Instructor will determine the skill level of each student. Proper attire is required for belt progression. See Instructor for details.

Kids' Athletics (BASE; Jr. BASE, Sports Fun) – Fun with sports, games, and exercise on the Arena. BASE (ages 9 & up)/Jr. BASE (ages 6-8) = Basic Athletic Skills Education are classes where children engage in organized, safe sports activities led by our Staff. Sneakers please!

Zumba – Come try this exciting class which combines dance and fitness!

Bingo/Games – Participants will enjoy fun, distanced games led by instructors. Any equipment will be sanitized. Activity will change every 15-30 minutes.

Slamming Saturday – A drop-off mini-camp for children 5-12 years old. Currently, Saturdays are held 10am-12pm and include sports, games, art and other distanced activities in small groups. Held seasonally September-June each year. **Slamming Saturdays will return 9/11/21.**

Kids Fun Swim - Kids Club members ages 5 and older can swim under the supervision of pool staff Fridays 6:00-7:00pm. Participants must be dropped off to Staff at pool doors in a bathing suit & mask with their towel. Children must be picked up promptly by 7pm at the pool doors. **Staff is not responsible for changing children in or out of swim attire.**

Game Room – Children ages 7 and older can enjoy playing games under Staff supervision. With Xbox, Wii, Pool, Air Hockey, and board games...no child will be left out of the fun! Wi-Fi available.