

CLASS DESCRIPTIONS – age groups are strictly enforced

Dance – Learn basic dance steps and combinations in many different genres: Tap, Ballet, Jazz, Modern, Lyrical, Hip Hop, Contemporary, Rhythmic Dance and Broadway Dance. **Full Dance Program with recital** is included September-May each season and most classes perform in our annual recital (optional.) For Advanced Ballet/Pointe, dancers must be experienced and will progress to pointe shoes at the teacher's discretion. Please see instructors or handbook for more information.

Acro Dance – This class combines classical dance technique with acrobatic elements. Children will learn to incorporate acrobatics into unique dance choreography.

Tumble Tots/Tumbling – An active class where children will explore movement through stretching, basic tumbling, and other activities. Tumble Tots is for our youngest participants ages 3-5 and incorporates music and games into the class. Tumbling for those 6-8 and 9 & up is a fun class designed to improve your child's flexibility and balance as well as to teach them the foundations of tumbling.

Art & Crafts – Children learn the fun of being creative while working on a variety of activities involving making things with their own hands. Projects usually run for about 45 minutes then children are moved on to another activity. Intro to Art will cover basic Art concepts and mediums with children 3-5 years. **(It is not advised to send any child to Art for longer than 45 minutes.)**

All Star Sports & Play – (ages 6-8 & 9-12) Fun with sports, games, and much more! Our **Playmakers (ages 6-8), also known as Jr. BASE**, and **MVPs (ages 9-12), also known as BASE**, will participate in organized, safe sports activities led by our staff, as well as free play. Wear sneakers and bring water, please!

Sports Fun/Sports & Games/ Volleyball & more – An athletic class to get our older Kids Club members moving! Activities include variety of off the wall games, running/relays, and non-competitive sports like Volleyball and Basketball. **Wear sneakers and bring water please!**

Jr. Sports Zone – (ages 6-8 & 3-5) Our young members will play and learn a variety of sports, playground games, and much more. Children will also have the chance for free play. Our **Jr. Champs (Jr. Base) – ages 6-8** and **Jr. Athletics – ages 3-5** will have never-ending fun! The outdoor playground is for Jr. Athletics only and is used when the weather is clear, temperatures are between 65-84 degrees, it is during daylight hours, and the equipment is dry. **Wear sneakers and bring water, please!**

Kids Gym Games – Participants will enjoy fun games led by instructors such as obstacle courses, 4 corners, Floor is Lava, and much more for children 3-5 years old.

Karate – Children learn the art of Japanese Shotokan. The instructor will determine the skill level of each student. Proper attire is required for belt progression. See Instructor for details.

Zumba/Zumba Jr. – Come try this exciting class which combines dance and fitness!

Bingo/Games – Participants will enjoy fun games led by instructors as well as board and card games in small groups.

Lego Time/Build with me...Legos & more! – A creative class for those who love to build! Children will be supervised as they experiment with Legos and other building toys.

Game Room – Children ages 8-12 can enjoy playing games under Staff supervision. With video games, pool and board games...no child will be left out of the fun! Wi-Fi available.

Slamming Saturday – A drop-off mini-camp for children **5-12 years old**. Slamming Saturdays are held 10:00am-1:30pm and include sports, games, art and other activities in small groups. Bring a lunch or \$5 for pizza, water & snack. Participants will have the option to swim so pack accordingly. **Wear sneakers and bring water please!** (Held seasonally September-June each year; canceled the day after Kids Night Out – 4-5 per season.)

Kids Fun Swim - Kids Club members ages **5-12** can swim under the supervision of pool staff Thursdays 7:45-8:30pm and Fridays 6:00-7:00pm. **THIS IS NOT INSTRUCTIONAL SWIMMING.** Participants must be dropped off to Staff at pool doors in a bathing suit with their towel. Children must be picked up promptly by an adult 18+ at the pool doors at the conclusion of the class. **Staff is not responsible for changing children in or out of swim attire; we cannot allow children to go to the locker room unattended. (These fill up quickly – advanced weekly registration is required.)**